

MARGIT KATHRYN FEURY RAGLAND
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SUMMARY OF QUALIFICATIONS

- Meticulous, vibrant and detail-oriented writer.
- Eagle-eyed editor with a strong aptitude for molding copy into crisp and concise text.
- Team player with excellent people skills.
- Energetic and dynamic teacher.
- Self-starter, as well as a calm and flexible problem-solver in high-pressure situations.
- Enthusiastic individual who is quick to establish relationships with co-workers and interviewees.
- Creative thinker.

PROFESSIONAL EXPERIENCE

FREELANCE WRITER/EDITOR

Boston, MA

July 2001-Present

Published in the following magazines: *Self, Health, Glamour, More, Redbook, Marie Claire, Ladies' Home Journal, Fitness, Child, Parenting, American Baby, Natural Health, Hers, Family Circle, Woman's Day, Walking, Boston magazine, Boston Globe Sunday Magazine, Concierge, Improper Bostonian*

Books:

- Upcoming book to be published by Crown Publishing Group. Author.

- The Stuntwoman's Workout (Quirk Books, 2005) Editor.
- Women's Health & Wellness 2003 (Oxmoor House, Inc., 2002) Reprint of "How to Really Reach Your Goals," originally featured in *Health* magazine.
- The Complete Guide to Walking for Health, Weight Loss, and Fitness (Lyons Press, 2001) Editor.

Teaching Positions:

- Stiletto Boot Camp: Writing for Women's Magazines. Eight-week classroom course
- Introduction to Magazine Writing. Four-week classroom course
- E-Boot Camp for Journalists: Intensive one-on-one instruction. Eight-week course

Fall 2002-present

MediaBistro.com, New York, NY

STAFF POSITIONS

ClubLife magazine

Boston, MA

Editor-in-Chief

February 2004-January 2005

Launch editor of this monthly fitness and health magazine, which is distributed to health and fitness clubs all across the United States. Conceived, developed, and helped to design the editorial content. Hired and managed the entire editorial and freelance staff. Set up and supervised an editorial board made up of nationally acclaimed leaders in the fitness industry. Edited and signed off on every page of each issue. Maintained the magazine's budget, went on sales calls

with the magazine's publisher and advertising director, and represented the magazine at industry events.

Natural Health

Boston, MA

Senior Editor

March-June, 2003

Freelance editor for this magazine considered "The Guide to True Wellness". Edited fitness, health, nutrition, psychology and self-help pieces.

Walking Magazine

Boston, MA

Senior Associate Editor

1999-2001

Edited fitness features; health, weight loss, and take charge columns; and Kathy Smith's how to column.

Wrote fitness features and travel columns. Launched and managed web site. Organized and supervised events sponsored by Walking Magazine. Coordinated and lead overseas walking trips with readers.

Composed headlines, deks and coverlines. Generated story ideas continuously. Built strong relationships with experts in a variety of fields, freelance writers, and print media contacts.

Woman's Day Magazine

New York, NY

Associate Health, Nutrition and Fitness Editor

1998-1999

Edited health, fitness and nutrition feature stories.

Wrote shorts and full-length features. Produced the "Your Health" page. Reviewed and excerpted book manuscripts.

Family Circle Magazine

New York, NY

Assistant Health and Nutrition Editor, Editorial

Associate, Editorial Assistant

1995-1998

Be Well (Health magazine produced by Family Circle).

Associate Editor

Your Family's Health (Joint venture between U.S. News and World Report and Family Circle). Associate Editor

Cornell Magazine

Ithaca, NY

Assistant Editor

1994

Reader's Digest

Pleasantville, NY

American Society of Magazine Editors Intern

Summer 1993

EDUCATION

Cornell University, Ithaca, N.Y. Bachelor of Science, Communication, 1994.

ACTIVITIES

Host: MediaBistro.com's monthly events for media professional in Boston.

Event and fundraising coordinator: Cornell Club of Boston and New York

Honorary member: Ivy Society

Discharge and front desk volunteer: Massachusetts General Hospital. Presented with "Volunteer Service Award" in 2001

Assistant coordinator and member: Mass General Hospital Cycling Team